

## CONSENT FOR GUM GRAFT SURGERY

**Diagnosis:** After a careful oral examination and study of my dental condition, my periodontist has advised me that I have significant gum recession. I understand that with this condition, further recession of the gum may occur. In addition, for fillings at the gumline or crowns with edges under the gumline, it is important to have sufficient width of attached gum to withstand the irritation caused by the fillings or edges. Gum tissue may also be placed to improve the appearance and to protect roots of the teeth.

**Recommended Treatment:** In order to treat this condition, my periodontist has recommended gingival augmentation procedures performed in areas of my mouth with significant gum recession. I understand that sedation may be utilized and that a local anesthetic will be administered to me as part of my treatment. This surgical procedure involved the transplanting of a thin strip of gum from the roof of my mouth or from the adjacent teeth. The transplanted strip of gum can be placed at the base of the remaining gum, or it can be placed so as to partially cover the tooth root surface exposed by recession. A periodontal bandage or dressing may be placed.

**Expected Benefits:** The purpose of gingival augmentation is to create an amount of attached gum tissue adequate to reduce the likelihood of further gum recession. Another purpose for this procedure may be to cover exposed root surfaces, to enhance the appearance of the teeth and gum line, or to prevent or treat root sensitivity or root decay.

**Principal Risks and Complications:** I understand that some patients do not respond successfully to gingival augmentation. If a transplant is placed so as to partially cover the tooth root surface exposed by the recession, the gum placed over the root may shrink back during healing. In such a case, the attempt to cover the exposed root surface may not be completely successful. Indeed, in some cases, it may result in more recession with increased spacing between the teeth.

I understand that complications may result from gingival augmentation or anesthetics. These complications include, but are not limited to post-surgical infection, bleeding, swelling and pain, facial discoloration, transient but on occasion permanent tooth sensitivity to hot, cold, sweet, or acidic foods, allergic reactions, and accidental swallowing of foreign matter.

There is no method that will accurately predict or evaluate how my gums and bone will heal. I understand that there may be a need for a second procedure if the initial surgery is not satisfactory. In addition, dietary and nutritional problems, smoking, alcohol consumption, clenching and grinding of teeth, inadequate oral hygiene and medications that I may be taking.

To my knowledge I have reported to my periodontist any prior drug reactions, allergies, diseases, symptoms, habits, or conditions which might in any way relate to this surgical procedure. I understand that my diligence in providing the personal daily care recommended by my periodontist and taking all prescribed medications are important to the ultimate success of the procedure.

***Alternatives to Suggested Treatment:*** My periodontist has explained alternative treatments for my gum recession. These include no treatment, continued monitoring for progressive recession, and the modification of technique for brushing my teeth.

***Necessary Follow-Up Care and Self-Care:*** I understand that it is important for me to continue to see my regular dentist. Existing restorative surgery can be an important factor in the success or failure of gingival augmentation.

I recognize that natural teeth and appliances should be maintained daily in a clean, hygienic manner. I will need to come for appointments following my surgery so that my healing may be monitored and so that the periodontist can evaluate and report on the outcome of surgery upon completion of healing. Smoking or alcohol intake may adversely affect gum healing and may limit the successful outcome of my surgery. I know that it is important (1) to abide by the specific prescriptions and instructions given by my periodontist and (2) to see my periodontist and dentist for periodic examination and preventive treatment. Maintenance may also include adjustment of prosthetic appliances.

***No Warranty or Guarantee:*** I hereby acknowledge that no guarantee, warranty or assurance has been given to me that the proposed treatment will be successful. In most cases, the treatment should provide benefit in reducing the cause of my condition and should produce healing which will help me keep my teeth. Due to individual patient differences, however, a periodontist cannot predict the absolute certainty of success. There exists the risk of failure, relapse, additional treatment, or worsening of my present condition, including the possible loss of certain teeth, despite the best of care.

***Publication of Records:*** I authorize photos, slides, x-rays or any others viewing of my care and treatment during or after its completion to be used for the advancement of dentistry and for reimbursement purposes. My identity will not be revealed to the general public, however, without my permission.

**PATIENT CONSENT**

I have been fully informed of the nature of gingival augmentation surgery, the procedure to be utilized, the risks and benefits of periodontal surgery, the alternative treatments available, and the necessity for follow-up and self-care. I have had an opportunity to ask any questions I may have in connection with the treatment and to discuss my concerns with my periodontist. After thorough deliberation, I hereby consent to the performance of gingival augmentation surgery as presented to me during consultation and in the treatment plan presentation as described in this document. I also consent to the performance of such additional or alternative procedures as may be necessary in the best judgment of my periodontist.

I CERTIFY THAT I HAVE READ AND FULLY UNDERSTAND THIS DOCUMENT.

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Patient's Name and Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness's Name and Signature

\_\_\_\_\_  
Date